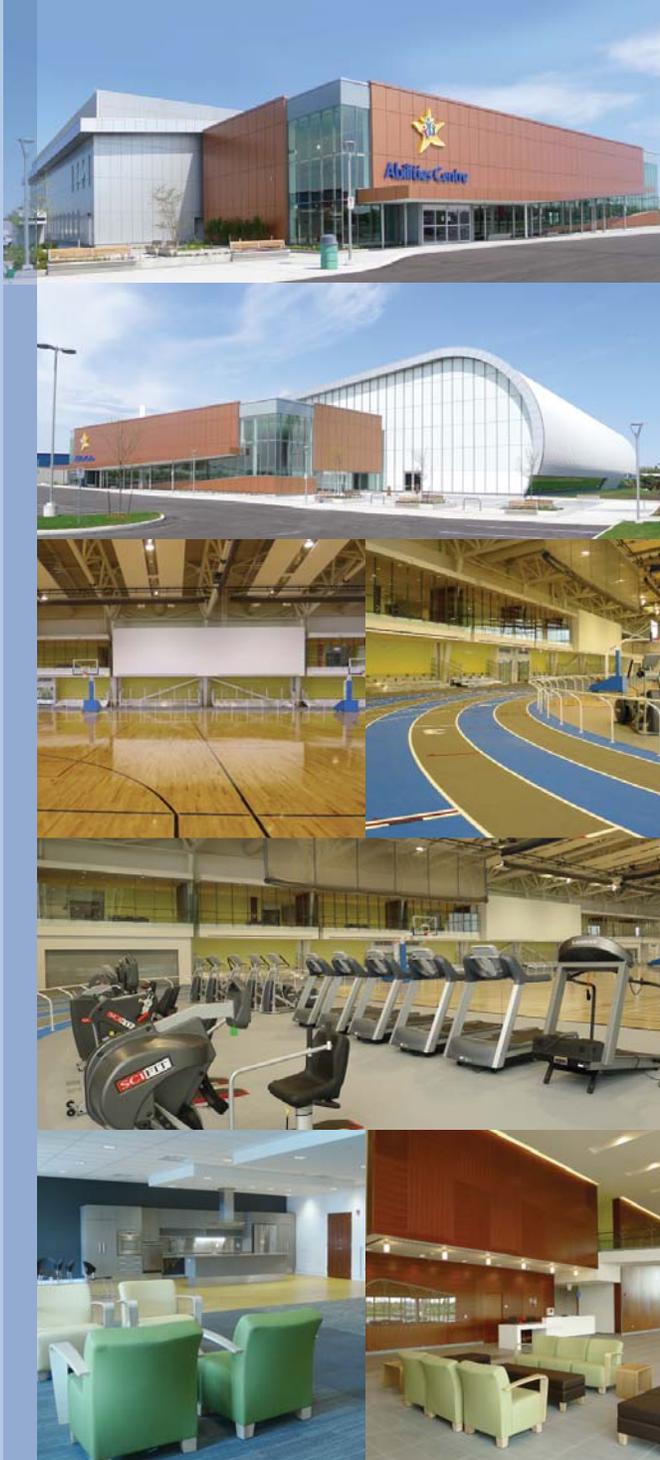




**Abilities Centre Durham**  
Whitby, Ontario

RECREATIONAL CENTRES



**Client**

Abilities Centre Durham

**Architect**

B+H Architects  
AECOM Canada Architects Ltd.

**Project Completion Date**

June, 2012

**Type of Contract**

Lump Sum

**Project Value**

\$26,512,000

**Project Description**

Abilities Centre is a state-of-the-art, universal design, 125,000 square foot facility that houses three full regulation basketball courts surrounded by a 200 metre, six-lane track. Fully equipped and universally accessible cardio/fitness, weight, and sensory rooms offer unparalleled opportunities for physical activities for people of all ages and abilities. Drama, music, art, and life skills programming are available in the performing arts theatre, music studio, library, and life skills room.

This unique building includes meeting and conference room facilities in addition to a performing arts area – all with universal requirements in mind. These facilities not only serve the needs of those with disabilities but also offer a source of continuing education and training for various health care professionals who support this growing constituency of our population.

Other programs that focus on music, art and drama are available offering phenomenal benefits from therapeutic, recreation and social perspectives. Furthermore, the facility offers "life skills" training, which is especially important for youth and young adults with developmental disabilities as it addresses the concerns that soon-to-be elderly parents have with children who need daily supervised care. Being able to offer these skills and a sense of having a "second home" provides great comfort to all who may in the future find their important responsibilities exceeding their own capabilities.

The design of the project was provided by B+H Architects of Toronto, whose team put together a world class fieldhouse that includes a 200m 5-lane indoor track, court areas for basketball, volleyball and other activities; a large lobby space with café and reception areas; fitness areas, change rooms; games administrative spaces.